

# THE VERY HUNGRY CATEPILLAR

NEW MOTHERS' SUPPORT GROUP

Est. 1994

# NMSG

Meet • Support • Play

**You will need:**

- Pretend fruit or vegetables
- Shredded green paper for pretend grass (I just bought green paper and shredded it myself)
- toy tweezers and magnifying glass
- miniature toy bugs & insects figurines



For this activity, I simply shredded some green paper to use as pretend grass with my shredder (which I later saved in a ziplock bag and have reused over and over), hid some toy bugs and insects (Toob do a good range of miniature figurines of various themes), and laid out some toy tweezers and a magnifying glass to help my daughter spot and dig out the little critters. As a side activity I also laid out some wooden fruit and veg for her to cut.

## TOP TIP

If you don't have the book "A very hungry caterpillar" you can borrow it from the library.